



## The Tree of Life Proverbs 3:13-20 February 19, 2023

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**1. Sunday Summary:** This week, we continued our conversation about Wisdom started last week by focusing in on how, though our minds can play tricks on us, through the Holy Spirit, and the word of God, we can get a sense of what wisdom *feels* like, and walk more and more in line with him. We looked at the ways in which Wisdom is a Tree of Life, and we saw how on Ash Wednesday, the Cross of Jesus Christ becomes a Tree of Life for us.

### **2. Connecting Questions: (Interactive, life sharing, thought & feeling type stuff)**

- Begin by talking generally about this topic – Wisdom. In what ways are beginning to get a feel for the different between knowledge and Wisdom?
  
  
  
  
  
  
  
  
  
  
- What ways in your life has too much busy thoughts led you astray? How would you apply wisdom to that situation?
  
  
  
  
  
  
  
  
  
  
- Do you have any experience with setting your busy mind aside, and sitting with your feelings with God? If so, how has that helped you in the past? If not, how would you like to practice that in the future?

### **3. Truth Questions: (What does the Bible say?)**

- Have someone in your group read Genesis 3 in it's entirety. What jumps out at you? How have you read these curses in the past? Take a moment to pause and sit with God in your heart? How could these curses also be a promise or a blessing?

- How might God in Genesis 3, be loving Adam and Eve, despite their sin?

**4. Formation Questions: (Taking it further, How does the Truth change the way I live?)**

- What did you learn this week about what Wisdom is? Knowing what you know about the Tree of Life and the Cross of Christ, how will you now see Wisdom in your everyday life?

